

JOHNSON C. SMITH UNIVERSITY



Invitational Track Meet

Irwin Belk Complex
500 N. Summit Street
Charlotte, NC 28216



April 10, 2010

FACILITIES: Irwin Belk Complex, mondo surface for running and jumping events, 1/4" pyramid spikes recommended for running and jumping events. Shot, hammer and discus circles are concrete. UCS starting blocks will be provided and must be used.

DIRECTIONS: Please use the address above to guide you to the location.

PARKING: All buses will be directed to the appropriate parking lot by on duty campus security officers

ELIGIBILITY: Open men's and women's competition: Collegiate, Club, Unattached. No high school athletes. Meet will be conducted according to NCAA Track & Field Rules.

ENTRIES: All entries are to completed on-line at
http://www.coachoregistration.com/meet/info/nc_jcsu/2010/04-10_Johnson_C_Smith_University_Invitational_Track_Meet/

ENTRY DEADLINE: Monday, April 5, 2010 at 11:59pm

ENTRY FEE: All entry fees are due at PACKET PICK-UP, in the Conference Room on the concourse of the Irwin Belk Complex. Entry cost is \$200.00 for per gender (i.e. \$400.00 for both teams). Team entry entitles you unlimited entries per event and 2 relay teams. There will be a charge of \$25.00 for each unattached entry. **Please make checks payable to JCSU Athletic Department.**

AMENITIES: Dressing and shower facilities will not be provided. No supplies will be provided by host school. Arrange to have your team manager secure your valuables. There will be a concession sales on the concourse at the Irwin Belk Complex.

RESULTS: All results will be posted at <http://goldenbullsports.com/>

PACKET PICKUP: Will be open from 7:30am - 12:00pm on Saturday in the Conference Room on the concourse of the Irwin Belk Complex

FIELD EVENTS: Minimum standards are as follows:

HJ	-	4' 6" for females and 6' 0" for males
LJ	-	15' 0 for females and 20' 0" for males
TJ	-	34' 0 females and 44' 0" for males
PV	-	8' 0" for females and 10' 0" for the males
SP	-	32' 6" for females and 35' 6" for males.
Discus	-	91' 6" for female and 111' 6" for males.

IMPLEMENT WEIGH IN: At the north end of the building close to the 100m start. Exit the track through the chain linked gate at the 100m start, walk to the side of the building and the room is the door next to the garage door shutter. Weigh-in begins at 7:30 am.

MEASUREMENTS: One legal attempt will be measured for each athlete. Subsequent attempts must meet minimum standard.

CHECK IN: **IT IS VERY IMPORTANT** that athletes check in AT LEAST 30min before their SCHEDULED event start time, otherwise they will be scratched.

CONTACT INFO: Anthony James, Meet Director, JCSU Invitational Track Meet, phone (980) 722-2303, E-mail: Anthony.James@mecklenburgcountync.gov